November/December 2010

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Your English language vocal habits are tripping you up—this crash course in Bel Canto methods will help you make immediate improvements *DEBRA LYNN*

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them—and welcome the newest 50-year members!

PRETENDING TO BE AN OPERA STAR? No, but he'll sing like one after this exercise teaches his muscles to breathe like Enrico Caruso. The Bel Canto singing methods on page 16 will instantly make you a better singer, too.

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THE TAG "I Never Meant to Fall in Love" A Joe Liles original Bill Biffle, Society President • bbiffle@barbershop.org

Member retention is as important as recruiting

ell, ladies and gents, this is my last chance to address you as Society president. As Lillian and I have traveled across this great Society, we have been privileged to meet many of you whom we can now call "friend" and "brother." Being warmly welcomed by hundreds of barbershoppers and their families at dozens of events all across the globe is, quite simply, the best part of the job. We thank you for your unfailing good humor, generous hospitality, and, yes, your constructive criticisms, too!

I don't have space to list all of the folks who've helped us over the past two years and, if I tried, I'd forget someone. So, I'll just thank you all—staff, officers, board members, district and chapter leaders, barbershoppers, wives, family members—who have



made this two of the most wonderful years of my life!

Of course, I can't sign off without a parting shot on (you guessed it) membership! The wonderful folks who are working on the crucial problem of our declining numbers have done, are doing, and will continue to

If we could keep half of the men we're now losing over their first three years, our membership problem could possibly disappear. do, marvelous work. And we're beginning—just beginning—to see results. In this last column, I want to talk about just one very important solution among many: Retention.

Why do they leave?

Consider these startling statistics:

• At the end of their first year of membership, 37% of new mem-

bers do not renew.

One year later, an additional 12% fail to renew.In the third year, another 7% drift away.

Folks, that means that 56%—over half—of the men who join our organization are not barbershoppers three years later! Think about that. Perhaps recruiting, for all its importance, is not the most important part of the equation. If we could keep just half of the men we're now losing over their first three years as barbershoppers, our membership problem would shrink significantly—maybe even disappear altogether.

What are we doing (or not doing) in our chapters to either drive them off or let them drift away? Exit surveys and common sense tell us that it's the quality of life at every meeting that attracts and keeps members. The quality of the music, the fellowship, the energy, the "fun factor," the sense of purpose and organization, the variety in our meetings, the way we treat each other, all these—and other factors you can name—either attract or repel every new and veteran member.

Those of us who have a history in this organization—a rich memory of old times, good and bad, but mostly good—tend to stick it out even when what happens behind closed doors isn't all that it could be. But new guys, who haven't yet gotten fully "bitten by the barbershop bug," won't hang around if they're not getting real value for their investment of time and money.

What you—not the other guy—can do

What can you and I do about it? We can take ownership, that's what. We can start doing our part—every week—to keep the meetings fun, productive, and exciting. It's easy to think that this is someone else's job: the music director, the program guy, the membership man, the president—anyone but you and me. But I submit that the only way out of this hole is for all of us—you and me—to change what we're doing now. To change into a person who shows clearly and positively the wonderful effects that this extraordinary hobby has on our life. To show everyone every-

where—but especially in our meetings together—how much we love what we do.

We can quit letting others be the guys who greet each man—new and old—ev-



ery week. Who sing with three others in the corner when there's a break in the action. We—you and I—can help the new guys learn all the little ways in which our chapter culture manifests itself. We—you and I—can be the guys who talk to the new men at the break. Who notice when a man is missing. Who ask about him. Who call him to see if he's all right. Who offer to pick him up and drive him to the next meeting. Men, let's get involved and stay involved. Together we can turn this thing around. By caring for each other and showing it. All the time. To everyone.

In January, I turn the reins over to my good friend Alan Lamson, secure in the knowledge that you'll give him the same kind of help, support, and encouragement that you've given me. Thanks, again, for your many kindnesses over the past two years. I hope to see you on the trail somewhere. Be well. Keep singing. Stay in touch. And be a positive part of our inevitable future growth. If you'll do it, I will!



bbiffle@barbershop.org

Ed Watson, Executive Director • ewatson@barbershop.org

Midwinter, 2-year rotation, and Bill's wisdom

gh! It is 4 p.m. on a Monday and the darkness is encroaching on Nashville. Soon we'll be coming to work in the morning and going home in the evening in total darkness. It almost feels like time to hibernate! This demonstrates one reason why Barbershop is so good for people: it gives you something constructive to do all winter long.

By the time you read this, your holiday shows should be wrapped up—a good way to pass a few weeks (or more), wasn't it? And Jan. 25-30, we'll have a Midwinter convention to beat all Midwinters. I know we say that every year, but it really does get better each year. Then it won't be long for choruses and quartets to polish a few songs for the division and spring prelim



contests in March/April/May. Annual shows, Singing Valentines, performances for the community. Next thing you know, spring brings thoughts of summer, which means the 4th of July and our annual International Convention. Always preparing for the next event—that's one reason barbershoppers live so long.

If nothing else comes from this other than your feedback, it will have been well worth everybody's efforts. **Midwinter is the best of both worlds.** A recent Harmonet thread asked: If you could only go to Midwinter, International, or Harmony University in a given year, which would be the ultimate barbershop experience? International attendees love the singing and camaraderie, but the *listening* is out of this world. Harmony University is for *doing*: learning, singing, tagging, and immersion in the barbershop style. I think Midwinter is the best of both

worlds: Some learning, some singing, some listening. The five best quartets in the world in two shows, Friday and Saturday night. A great Senior Quartet Contest and an out-of-this-world Youth Chorus Festival, all in a leisurely atmosphere of tag singing and fun. I'm glad I get to go to all our big events working, yes, but I'll sing one with you if you're there. Midwinter is the gift that will never be re-gifted!

2-year rotation proposal update. About 3,250 members and Associates participated in the survey regarding the 2-year international chorus rotation proposal, which I outlined in the July/August issue. We now know far more than before about what you like/don't like about the idea, and which pro and con arguments you see as valid and which ones you don't. Even more enlightening were your open-ended comments, which added up to the length of a couple of good novels. Yes, there was a lot of repetition in those 178,000 words, but also a lot pros and cons no one had brought up before, and some very insightful analysis and original thinking about the contest system in general. Many of you offered intriguing alternatives to the proposal

as well. If nothing else comes of this study other than the feedback we received, the whole exercise will have been well worth everybody's efforts.

As I said in the original article, "Such a substantial change to the Society's chorus contest structure should not be entered into lightly, and *it is by no means certain that the proposed change will go forward.*" That sentence remains as true as it was before you shared your views. I presented the results to date to the Society Board by way of information, but they have not yet considered a formal vote on the matter. The bottom line is that there is currently no pending announcement and no pending Board vote—and there is no hurry to make a decision. We're taking your feedback very seriously and we'll keep the Society membership informed in all aspects of this study as it continues.

Give the gift of American Harmony. Our Harmony Marketplace employees are staying incredibly busy filling your Christmas orders for barbershop clothes and music, convention DVDs—and for the movie that will explain your barbershop addiction to friends and family: *American Harmony*. Even total barbershop novices rave about this fast-paced, full-length documentary that tells the barbershop story like nothing else. I'm giving a copy to each of my five children!

Thank you, Bill. This is the final issue with words of wisdom from our outgoing President, Bill Biffle. I want to thank him for his focused effort to reverse the Society's membership decline. Bill often speaks of preserving Barbershop Harmony for his, your, and my kids and grandkids. He has not only preached, but has provided proven ideas, pointers, tips, and general promotional activities to help you do something about it.

As this year draws to a close, it appears we'll lose less than half (in absolute numbers) of the members we lost in 2009. Bill's fierce dedication to membership is a large part of the reason why. Thank you, Bill, for all you have done and continue to do for the Society we both love so well. I look forward to more years of your service as you become the Immediate Past President. I don't have to butter up Alan Lamson, the incoming President, until the next issue.

So, to my dear, good, and much appreciated barbershop friends, keep your spirits up, your resonating chambers open, and I'll see you at Midwinter. Wishing you a Merry Christmas, Happy Hanukkah, and the best barbershopping New Year ever.

To all Barbershop Harmony Society members, how am I doing?



LETTERS

harmonizer@barbershop.org

Remember Jim Miller, Joe Wise, our art form

Miller Time: Don't forget the first Jim

ust finished relishing your Philly convention issue. Another outstanding job! Having folks contribute off-the-wall cutlines was an entertaining sidelight. I do suggest you got a little carried away when you crowned Jim Clancy the "most beloved Society director of all time." No one has more respect than I for Jim; he is arguably the most accomplished Society director of all time and a truly inspiring leader. The VM's golden success is unlikely ever to be rivaled.

But I suspect even brother Clancy might agree that the standards he and the VM established were inspired by the humble and, although it's a subjective call, beloved Jim Miller. Other names that come to mind with the two Jims if we had to vote: Freddie King, Earl Moon ... well, if you start a list, someone's bound to be left out.

Keep producing *Harmonizers* that make us cheer and think.

JIM BAGBY, DIRECTOR EMERITUS Heart of America Chorus, Kansas City

Barbershop champs should sing more barbershop

The joke about the lack of barbershop songs sung by the champs in Philly is no laughing matter. Starting with the Mid-States Four, the Society's top quartets have been my heroes for more than 60 years. Sadly, some of my heroes let me down big time at the AIC Show in Philly. Our five most recent champs sang 18 songs; according to my ear, only four were in the barbershop style. When I pay a healthy fee to be entertained by the heroes of my hobby, I expect to hear more of my favorite kind of music. Adding to my distress and disappointment were the so-called "barbershop lovers" in the audience who cheered enthusiastically for what I consider to be nothing more than irritating "noise." Sorry, but as a lover of the barbershop sound, bebop just doesn't ring for me.

Until recently, I have been tolerant and understanding of the folks who insist on pushing the envelope. But that AIC show, coupled with some of the songs we had to endure during this year's contest, have pushed me over the edge.

PAUL SHANNON Zanesville, Ohio

Justin Miller the youngest, but not "by far" In reference to **Westminster Chorus** director Justin Miller being referred to as "... by far the youngest gold medal director in Society history," we all appreciate his youth and accomplishment, but we may disagree

mildly on what constitutes "by far." Justin was certainly the youngest director, but he achieved that status by a whole 11 days over the previous record-holder, the late Joe Wise of the 1966 **Louisville Thoroughbreds** chorus. Both were 26 at the time of their championships.

Wise was born August 19, 1939, leaving him 41 days short of his 27th birthday when he co-directed the Thoroughbreds to gold (along with Jim Miller). Justin was all of 52 days short of his 27th birthday when he directed Westminster this year. Interestingly, the schedules for the two contests helped Justin's case, as the 2010 chorus contest was July 2nd, while the 1966 contest was July 9th. Had the competition schedules been reversed

(the earlier week in 1966; the later week for 2010), Justin would have been second by three days.

Bob SUTTON Alexandria, Va. (Society Archives Committee)



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TEMPO

Timely news

If you liked Philly, you'll love the new K.C.!

olks raved about Philly, despite a venue only marginally suited for performances. Thanks to its new *\$5 billion* new Power & Light district, Kansas City will feature the relaxed schedule and easy walkability of Philly, with one of our best-ever contest venues.

The new Sprint Center Arena was designed from the

ground up to be a state-of-the art performance facility and it's right next to the the Power & Light District's

great restaurants and entertainment, and within easy walking distance of most of the Society hotels. Watch for maps and more details in the January/February issue of *The Harmonizer*.

In 2000, the last time we were in K.C., Joe Connelly won his record third gold medal with **PLATINUM** while setting a quartet scoring record that's yet to be broken. Watch him try to top it with **Old School**! But even if Sean Devine were to start coaching **Ringmasters** (he never has, if you didn't get the "closed eye" joke in the prior issue), they can't win in 2011. They're skipping K.C. for an extended cruise ship gig and one-time schooling commitments. But Old School knows they can't mail it in against a surging field from 2010 that will be joined by some exciting new quartets who think



they can make a run at gold on their first try! We also won't see the **Vo**cal Majority

(a year off for recording) take on the **Masters of Harmony**, but the 7-time champs will still have all they can handle if they hope to repeat. The **Sound of the Rockies**, **Northern Light Chorus** and **Great Northern Union** keep closing the gap, and 2011 presents itself as one one of the most competitive chorus fields in many years.

Father/Son/Grandson Chorus to make encore. The Father/Son/Grandson Chorus will make an encore appearance in Kansas City. In 2000, about 300 proud singers participated. The 2011 reprise will be directed by father/ son duo Mike and Jack Slamka (2003 champ **Power Play**.) The chorus will be singing two songs from the contest stage. Watch for details in future issues of *The Harmonizer* and on *LiveWire*. Chorus order of appearance 1. Perth, Australia 2. Salem, OR 3. Bellevue, WA 4. Providence, RI 5. Bristol, England **6. Greater Phoenix** 7. Fremont, NE 8. Greater Central Ohio 9. Jacksonville, FL 10. Santa Fe Springs, CA 11. Denver, CO 12. Bloomington, IL 13. Hamilton Savare, NJ 14. Greater Indianapolis 15. Research Trianale Park, NC 16. Wellington, NZ 17. Bay Area, CA 18. San Marcos, TX 19. Elizabethtown, KY 20. Houston, TX 21. Alexandria, VA 22. Metro Kansas City, MO 23. Hilltop, MN 24. Tampa, FL 25. Mount Pleasant, MI 26. Nashville, TN 27. Atlanta Metro, GA 28. Toronto, ONT 29. Batavia, NY **30. Heart of America Mic Tester-Hells Kitchen, NY**

Bill Biffle's "aha moment" and some hustle snag a national TV plug for barbershop

This September, outgoing Society President Bill Biffle was just taking care of business when he heard that Mutual of Omaha was in town seeking entrants to share their lifechanging "Aha! Moments" for their national TV spots for next summer. Bill jumped



at the chance to share with the world the defining moment when he realized that barbershop was *it*!

He recorded his entry in Mutual of Omaha's mobile truck and his entry was one of 75 (out of 1,000) put up for vote on Mutual of Omaha's website. With the help of barbershop fans (to say nothing of Bill's own natural charm and winning smile), he made it to the Top 25, then on to another round of voting to become one of 10 selected for a national spot to air next summer. Way to go, Bill, for seizing this fabulous, free plug for barbershop! See the completed spot at *www.ahamoment.com/pg/voting*.

TEMPO

Dozens of Harmony University scholarships available for 2011-don't delay!

The following scholarships are available for Harmony University, all thanks to your generous support of Harmony Foundation. All scholarships include full tuition and board; none include travel costs. To those interested in applying, please first read the full rules for each scholarship at *http://tinyurl.com/HUscholars*.

Director's College. For front-line directors, assistant directors or aspiring directors who have not received a Society/Harmony Foundation Scholarship within the last *five* years. Applications must be post-marked no earlier than March 1, 2011 and no later than April 1. Download applications at www. barbershop.org and send to Education Department, Attn. Director's College Scholarship, 110 7th N, Nashville, TN 37203. (Please do not e-mail.) For more info, contact Mike O'Neill at *moneill@barbershop.org* or 800-876-SING x4126.

Bring your baritone free. If you sign up for the quartet track at Harmony U, it's four for the price of three courtesy of Harmony Foundation and the Larry Ajer endowment. Scholarships are limited: Inquire immediately! Contact the Society Education department at *slewis@barbershop.org* or 800-876-SING x4122.

Earl Moon. Sponsored by the Whittier,

Calif., Chapter, pays tuition for first-time barbershopper attendees who might not otherwise have the opportunity to attend. Download an application at *www.choralaires.org.* By May 1, 2011, submit your application to Jeff Pulice, 9938 Mina Ave., Whittier, CA 90605 or *jeffpulice@gmail.com.*

Larry Ajer. For a successful, active, competing quartet wanting to reach the next level. Get rules and applications

at *www.barbershop.org*. Mail completed applications to the Education Department, Attn. Larry Ajer Scholarship, 110 7th N, Nashville, TN 37203. For more information, call 800-876-SING x4122 or e-mail *slewis@barbershop.org*.

Lou Perry. Goes to the creator of the best original arrangement, as evaluated by Rob Campbell, Don Gray and Joe Liles. Songs from any era qualify as long as they are arranged in the barbershop style, something that might be heard on

something that might be heard on a chapter show. Young arranging talent especially welcome to apply. Deadline: March 15, 2011. Send electronic files by e-mail (preferred, Finale or PDF) to *RobCampbell@aya.yale.edu* or by regular mail to Dr. Rob Campbell, PO Box 9335, San Diego, CA 92169.



NOTE FROM ED WATSON: Throughout the Society, many, many men and women volunteer their time, effort, and money to make our Society stronger and better. Recently Headquarters held a volunteer luncheon for those who come regularly to Harmony Hall throughout the year to make things better for all our members. We thank them and all of you who mean so much to us.

TOP: Wayne Jackson, Bridget Wietlisbach, Barbara DeBusman, Barbara Belden, Jim DeBusman. BOTTOM: Cliff Hinson, Mel Joesten, Freeman Groat, Cathy Watson.

PROBE Outstanding Achievement Awards

The following were recognized by PROBE (PR Officers and Bulletin Editors) in Philadelphia for outstanding contributions to barbershop harmony's image. For PR, newsletter and website tips, join PROBE at *www.harmonize.com/probe*.

- American Harmony and Producer Aengus James for this award-winning documentary that has reached a new audience and impacted the public perception of our hobby
- BarbershopHQ.com, the new "official" blog of the Society, a.k.a. "Nashville's Water Cooler"
- John "Montana Jack" Fitzpatrick for single-handedly creating the "Youth Enrichment Program" outreach to high school music educators
- Scipio Garling for using social networking tools to strengthen and re-energize his chapter's membership
- Eddie Holt for his outstanding improvements in the design and functionality of the new Society website
- Lorin May for publishing his 50th issue of *The Harmonizer* in January 2010, a milestone previously achieved by only three men
- Mike McGee for creating, promoting and maintaining YouBarbershop.com, offering up-to-date online news, videos and information on barbershopping
- The Tonight Show with Conan O'Brien for unique coverage of the 2009 Anaheim convention, giving us almost six minutes of national TV exposure to 2.5 million viewers
- Jeff Ulrich for publishing a top-notch Spring 2010 Issue of the JAD Cider Press and, in this electronic age, printing and mailing to the entire district membership
- Westminster Chorus for winning the "Choir of the World" Luciano Pavarotti trophy in Llangollen, Wales, raising awareness of Barbershop Harmony to a new and unique audience



Congratulations to the other North American barbershop champions

Sweet Adelines 2011 champ **Maxx Factor** is Molly Plummer, Leslie Wodday, Kim Hudson and Valeree Hadfield-Rasnake, all from the Maryland/Delaware area. Arizona's 116-member **Scottsdale** **Chorus** scored a record 3077 under the baton of life-long music educator Lori Lyford. The Rising Star quartet winner was **Royal Blush**, with Elizabeth Bearss, Heather-Jade Pase, Lexi Moroni, and Jenny Allen.



HISTORICAL FIRST? This fall's Harmony, Inc. International Convention saw Northern Blend win the chorus contest and Ringtones! win the quartet championship. In a possible first for barber-

shop, when Ringtones! was crowned by the outgoing 2009 champion Showcase, bari Julia Bosari happened to received her crown from bari Debbie Bosari—her mother!





CONVENTIONS 2011 KANSAS CITY BABBERSHOP HARMONY SOCIETY CONVENTIONS 2011 KANSAS CITY July 3–10 2012 PORTLAND, ORE.

July 1-8 2013 Toronto June 30–July 7 2014 LAS VEGAS June 29-July 6 2015 PITTSBURGH June 28-July 5 2016 NASHVILLE July 3-10 2017 MINNEAPOLIS July 2-9 2018 Orlando July 1-8 2019 Salt Lake City June 30-July 7 MIDWINTER ww.barbershop.org/ midwinter 2011 LAS VEGAS

Jan. 25-30 2012 TUCSON Jan. 17-22

<u>HARMONY</u> <u>UNIVERSITY 2011</u> St. Joseph, Mo. July 31-Aug. 7, 2011

Call 800-876-SING if your longdistance isn't free, 615-823-3993 if it

is. The Society pays a fee every time you use our 800#, so if calling from a cell phone or unlimited long-distance land line, please dial 615-823-3993, the Society's local Nashville number. The 800# fee is no longer paid by chapters, so each call comes out of the Society's limited operating expenses.

Join the Spring BQPA Convention.

The Barbershop Quartet Preservation Association (BQPA) Quartet Festival will be April 7-10, 2011. Golf Friday morning, random draw quartet contest Friday night, organized quartet show Saturday. Embassy Suites, 4400 South Rural Road, Tempe, AZ 85282, www. embassysuitestempe.com, (480) 897-7444. Tell them you are with the Barbershoppers. Get more info at *www.bqpa.com*.

The Pan Pacific Convention is back!

Held every three years for barbershoppers around the Pacific Rim, book Sept. 28-Oct. 5, 2011 for Brisbane, Australia (population 2 million). **Storm Front** is the featured quartet and registration is \$325 for the five-day convention followed by a three-day Harmony College. Airfare from L.A. is half of what it was three years ago, so now's the time to book your vacation in this subtropical tourist paradise's driest month! Details at *www.panpac2011.com.au*.

Read the newest Preservation is-

sue. The Society's history magazine includes a tribute to arranger and woodshedder Jack Baird, a history of the pitch pipe, traces the term "barbershop" to its 100-year-old origin, and discusses which champion quartet helped record a Johnny Cash hit. *www.barbershop.org/preservation.html*

HARMONY HOW-TO



Conquer stage fright ... but only if you want to!

arbra Streisand couldn't perform live for 27 years after she once forgot some lyrics; John Lennon was known to throw up before going on stage. Stage fright is the feeling of nervousness that comes from the belief that you are being evaluated and that it isn't going to go well. Early in my singing career, I had serious anxiety issues. Fortunately, I have since learned many strategies that work ... perhaps even too well! (I've overcompensated, so now I'm fighting the opposite problem backstage, as I fight yawns and do push-ups to get my energy level high enough.) Following are some stage fright solutions discussed on my blog, owningthestage. com, where you can find extensive research and advice on many performance-related topics.

Identify and eliminate anxiety's "payoffs"

The first question you must ask is, "Do I really want to

fix my anxiety?" "Of course!" you reply. Dig a little deeper. It's possible that you are getting psychological payoffs from your performance anxiety:

- Are you a bit of an adrenaline junkie? Do you fear that performing will be less exciting and rewarding without all that drama and challenge? (Maybe skydiving is more your thing?)
- Deep down, do you *not* really want to be a performer? Do you feel pushed into it by friends or family? What better ticket out than crippling anxiety?
- Does part of you enjoy all the attention you're getting for being nervous? Have you always been a drama queen?
- Do you fear what would happen if you gave your very best and it still didn't measure up? Anxiety can subconsciously serve as a self-fulfilling prophecy that provides a credible excuse for a sub-par

performance. It ensures you never have to face the fear that you simply lack talent. (Ouch!) The irony is that your fear may be completely off base, but you'll never know until you throw away your anxiety crutch and explore your real potential.



Good news: It's only in your mind

Even if stage fright isn't giving you any known payoffs, the problem still exists only in your mind and in your own perceptions. It might be painful, but it's not like a poke in the eye. It's purely an inner struggle.

Tom Metzger Bass of 2005 international champ Realtime tmetzger@ gmail.com

Lose the fear of fear. One of the most common causes of stage fright is the fear of getting stage *fright*. We're not talking about rational, logical thoughts here. It starts with a little mistake, like a slightly out-of-tune note, or a badly-timed entrance or a loss of balance. That triggers a bit of anxiety, which kicks off your overblown fear of anxiety, which causes a few more mistakes, and so on until you faint or have a coronary. Recognizing this cycle may help it stop.

Frame the issue differently. Yes, stage fright makes you uncomfortable, but are you sure it's negatively affecting your performance? A lack of energy can be every bit as bad if you're shooting for passion and impact. A lot of performers actually relish the adrenaline rush that comes along with butterflies in the stomach. Some studies indicate that the performances audiences enjoy most are those during which the performer reported feeling most nervous! (Don't the audience's needs count for something ... or is everything always about you?) So you're sweating and your heart is beating fast? Re-frame that as "fuel for

> Fight fire with fire. Your innermost insecurities come out at the most awkward moments, like that voice that whispers, "You are a fraud, and they will know it." Fortunately, you only have one audio track in your brain, and it's just as easy to fill it up with "I am a great performer" and "They're going to love me." Think you can't fool yourself that easily? The truth is, you already have—your

negative self-talk is all a fantasy, too! If you've successfully deluded yourself

into believing your worst fears, you're capable of doing the same with your best hopes. You're already an expert at fooling your brain, so why not instead choose some self-fulfilling fantasies that make you a better performer?

Identify and replace fear-provoking

thoughts. The thought "If I make a mistake, it will ruin the performance and everyone will think I'm a hack" can be replaced with "If I make a mistake, I'll just carry on and people will hardly notice." In Rational-Emotive Therapy, Albert Ellis suggests you can control fear-provoking thoughts by answering these questions for yourself in writing:

- 1. What is the fear-provoking thought?
- 2. Why do you believe this?
- 3. What's the worst thing that could happen? How likely is it? How might you cope with it if it did happen?
- 4. Do you notice any logical flaws? Some examples:
 - Overgeneralizing ("I always ..." or "I never ...")
 - All-or-nothing thinking ("I am either a star or a loser")
 - Disqualifying the positive ("They liked my pre-



Read additional stage fright suggestions from **Gary Plaag in the Jan-Feb** 2007 issue of The Harmonizer. All back issues are available at www.barbershop.org/harmonizer.

an exciting performance" and be cured.

Having lost their original lead and tenor, 2005 international champ Realtime is retired according to Society rules; however, replacement lead Doug Broesrma and original bari and bass Mark and Tom Metzger will keep singing together under a new name. They have found a new to-be-announced tenor and will be competing in the to-be-determined future under a new, to-be-decided quartet name.

sentation, but they are dumb")

- Mental filter ("Whatever is said about the presentation is about me")
- Superstition ("If I don't worry, everything will go wrong")
- 5. Rate the reasonableness of the fear on a scale from 1 to 10. (By now, the fear should be less intimidating.)

Other common issues and strategies

Still not cured? Let's address some other common causes of anxiety and their possible cures.

An ounce of prevention is worth a pound of cure. When your heart is pounding, what is your head saying? If it's along the lines of, "Why didn't I learn this song more thoroughly?" or "Am I really going to attempt something on stage that I've never pulled off in rehearsal?" then listen! Practice, practice, practice, and see if the voices in your head change their tone. As the saying goes, amateurs rehearse until they get it right; professionals rehearse until they can't get it wrong. (Even when their hearts are pounding!)

Stay in peak health. Exercise enough to keep your body supple and your mind clear. Get enough sleep to keep your mind sharp, especially the night before an important performance. You owe it to yourself, and to your performing career, to give yourself this advantage.

Visualize in advance. In the days and weeks before performances, visualize yourself performing in an unstressful scenario until you're comfortable with it. Mentally, you can slowly ratchet up the expected stress levels of your mental scenarios and learn how you best alleviate the stress during these visualizations. At some important level, your brain can't tell the difference between real life and visualizations, so it all counts as experience.

Take on a persona. Performing can be frightening because we perceive our personal reputation is at risk of a negative judgment. Professional performers are often quiet or even shy in private—but put them in front of an audience

and you'll see an entirely different person. To the performer, he is not putting *himself* at risk, he's inhabiting a character,

adopting the attributes of whatever persona is needed for the performance. When you put on your singing uniform, put on a confident performer's persona along with it—and give that persona permission to pull out all the stops.

Learn to relax. A relaxed body and mind before going on stage often carries over to the performance as well. Practice muscle relaxation techniques that you can draw upon just before a performance, learning how to tense and untense every muscle while breathing deeply. Practice meditation, so you can learn to empty your mind and be at peace even before the big show.



These 46 guests were the Graduating Class out of a total of 83 attendees during the 6-week program. Guests had the option to perform on the chapter's Christmas show without auditioning or joining the chapter, and at least 24 accepted the <u>offer</u>.

Keady, Sei, Sing: a succession recruining toor

Denver Mile High chapter hosts free 6-week voice lessons; 45 guests graduate

As members of Denver's **Sound of the Rockies**, we are thankful for the fellowship of men who love to sing and promote the spirit of the barbershop harmony "way of life." But we've shared the same question as all concerned Society members: How can we preserve this way of life for future generations when our own chapter membership is stagnant or diminishing? We have found a viable solution in the Mile High chapter. Over the past two years, we have introduced 133 men to barbershop harmony.

Ready, Set, Sing works in 2009

In October 2009, we adapted the Sweet Adelines' Ready, Set, Grow program of six free one-hour voice lessons to men of all ages and singing experience levels—no strings attached. The only requirement was a desire to improve the singing experience. Nearly 50 men from the Denver-metro area participated in our renamed 2009 *Ready, Set, Sing* program, exceeding all expectations. Participants were warmly and enthusiastically welcomed by the singers in the chorus, and 15 of the 2009 RSS graduates became members of the Sound of the Rockies chorus.

Kauffman kjkauffman@ sbcglobal.net

Keith

Pete Hyland prhyland@ comcast.net

Mike

Davidson Chapter VP Marketing & PR madmiked1@ gmail.com Dan George of Castle Rock was an experienced church choir vocalist who was looking to broaden his musical experience. The 2009 RSS program graduate is now an enthusiastic chapter member.

"Although I had sung in church choirs for 50 years, the fundamentals covered in the classes represented to me a more concentrated focus on the basics of singing, in addition to vocal performance," Dan said. "I learned to improve my singing in immeasurable ways." Peter Waldheim of Highlands Ranch joined Dan in the 2009 voice lessons. "I had never sung formally prior to this," he said. "We participants were made to feel quite welcome by all members of the Sound of the Rockies. I never felt any pressure to join the chorus. Rather, I was simply encouraged to sing—something that is life-enriching." Waldheim's 12-year old son, Keith, also completed the program and is one of the chapter's newest members.

Other men participated simply for the fun of it and had a great experience even if they didn't chose to join the chapter. Greg Thiel of Centennial states, "I was looking for opportunities to develop my personal interests, and to give my wife a few hours of peace and quiet." David Balicki of Arvada said. "I used to karaoke with my friends weekly at a local establishment. The voice lessons were great, especially for those with limited vocal experience and knowledge."

Lessons from 2009 make 2010 even better

The success of last year's program prompted a repeat of Ready, Set, Sing! in October, 2010. The primary goal with this year's program was to make it better. Better voice lessons, better organization, better preparation, more effective marketing and a more positive experience for our RSS guests. We focused on several areas of improvement from our experience in 2009.

For example, in 2009 we were not prepared for the high number of last-minute registrants—in cramped quarters—as our rehearsal was about to begin. Although SoR members were asked to help welcome and guide the guests, a more formal and structured greeting and mentoring program was needed. Further, the RSS guests themselves expressed some confusion as to what was expected of them and their interaction with a fully rehearsing chorus. Better communication to the guests was needed all around. It was obvious to this year's team that we had to approach the issues on several fronts.

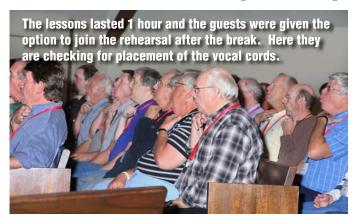
Real voice lessons mixed with clearer expectations. This year's free voice lessons were led by SoR director and **Storm Front** bari Darin Drown, while our firstyear Associate Director, **Gotcha!** lead Chris Vaughn, directed our current members in a separate room.

"Having Chris on board was a tremendous help to me as I was able to focus my attention on the lessons themselves," Darin said. "Chris allowed me to leave the chorus in his capable hands to prepare for our Christmas show."

Topics in the program included posture, breath control, resonance and use of the soft palate. Darin's formal musical training and more than 20 years of high school teaching have made him passionate about vocal excellence to the weekly chorus meetings; in the lessons, he kept the learning light-hearted and fun. He also brings a personal touch and caring manner which resonates positively with the diverse membership.

"This program is a perfect opportunity to learn a great deal more about your own voice, and singing in general in a non-threatening environment," Darin told the guests. "Additionally, if you've been looking for a performing outlet in a high-level ensemble, we may be able to fill that niche for you as well."

Web boost. This year, the web and marketing team secured the web domain *www.voicelessons4free.com*, which went live about a month ahead of the program. This address was pointed directly to a page on *www. soundoftherockies.com* where it was easy for guests to register. Several SoR chapter members received automated e-mails with details on each new confirmed guest.



Director Darin Drown led guests in weekly voice lessons while Assistant Director Chris Vaughn directed the chorus until the two groups combined each week on the risers. Last year, 15 men joined the chapter as a result of the six-week singing lessons, and the pool of participants was even bigger in 2010.

S 10-12 BY PETER HYLAND PHOTOGRAF

Print and personal contact. This year we expanded on last year's printed display ads in the neighborhood newsletters and regional Colorado Community Newspapers. We also contacted local school and church music department heads, and included Craigslist and Facebook postings.

Effective press releases get picked up. Possibly the most effective form of advertising were press releases which ran on all regional *Denver Post-YourHub.com* websites. These "citizen ejournals" blanket the greater metro area local pages along with a print edition on Thursdays. A feature article was prepared describing the program, including quotes from RSS participants from the previous year. A full color picture of the chorus in action on the contest stage was added. Luckily, the largest printed version in the Denver-metro area ended up publishing the article and was one of our biggest sources for registration traffic.

Pre-meeting communication. Once a web registration was received, a member of the RSS team sent an e-mail greeting to the guest confirming registration and alerting him that more information on the program would be coming shortly (program curriculum and a typical evening's schedule). Guest handout folders were prepared which included the SoR Christmas repertoire, the Society "You Can Sing Too" color brochure, a welcome letter from Darin Drown, a single-sheet introduction to the Rocky Mountain

District and the Mile High Chapter, and instructions on how to utilize the chapter website to access voice part learning tracks.

Singing survey. Another new feature for 2010 was the addition of a singing experience survey to help summarize the backgrounds of our guests and give Darin more information on the singing experience levels of the class.

Mentoring is boosted. The loosely organized team from the previous year was firmed up to include five team leaders, each of whom directed a small team of volunteers to help guide RSS guests through the program and to follow up with them each week between rehearsals. Written guidelines were prepared and sent to all volunteers to help in the mentoring effort. The entire chapter membership was asked to serve as a "riser buddy" to welcome the RSS guests onto the risers for warmups and singing through the Christmas repertoire.

Logistics greatly improved. This year's first night sign-in process was a model of logistical efficiency-a far cry from last year. When it was clear that we had exceeded last year's total registration, we moved the initial sign-in process into a larger room to allow for a more efficient workflow. Tables were set up for each step in the sign in process, and a virtual army of chorus volunteers kept things moving swiftly from the greeting and registration areas into the rehearsal hall. Members helped direct automobile traffic in the parking lot. As soon as the guest had finished signing in, his name badge, folder and water bottle were presented to him on the spot.

Focused follow-up. Once the program got underway, we made a particularly focused effort to keep the lines of communication open with the RSS class. Mentors made one-on-one personal telephone calls or sent e-mails, while group e-mail communica-

tions kept the excitement level high from week to week. We have received several unsolicited comments from our guests on what a terrific job we've done overall, how friendly the chorus members have been and that the program has been received in a very positive manner.

2010 results so far

The numbers alone speak for themselves. In 2009, we averaged 20-25 guests per week including a total individual guest count during the six weeks approaching 50. This year, we had 59



The guests stretching and relaxing before singing. After the lessons there were cookies and treats and a chance for mingling with the chorus.

> guests on the first night, and averaged 53 guests per session through the first five weeks. A total of 83 individual guests have participated for at least one evening. We have welcomed first time guests every week of the program, including some who were invited by RSS guests already enrolled in the free voice lessons. We have certainly met our target to increase visibility of the program throughout the metro area. After the formal program concluded, our RSS guests were invited to sing in our annual Christmas show, without an audition requirement. More than 25 decided to do that.

> The core ingredient of the Ready, Set, Sing program continues to be the quality of the vocal lessons themselves, expertly taught by Darin Drown to a large group of men with varied singing backgrounds. Special thanks go to: RSS team leader Keith Kauffman and the RSS Team - Dan George, Peter Waldheim, Greg Thiel, Bege Martin, Alma Weaver and George Davidson. Also thanks to Mike Davidson for marketing, Pete Hyland for photography, RSS guest mentors and all members who volunteered as "riser buddies."

> If your chapter is ready to implement the basic ideas of the Sound of the Rockies Ready, Set, Sing program, please feel free to contact our RSS Team for assistance at *sing@soundoftherockies.com*, where there is also a listing of our chapter officers if you'd like to call for more information. We plan to develop a manual over the next couple of months, which will include more details of the program. We plan to make available electronically. Stay tuned via Facebook (shortcut: *http:// tinyurl.com/2a9zy3g*) and *www.soundoftherockies.com* for details!



A Mass Sing to emember

Watch the exciting way that Sweet Adelines caught the rhythm in Seattle.

Hundreds of Sweet Adelines gathered in Seattle for a spectacular Mass Sing - with a twist! The Key Arena Plaza erupted in harmony as Chris Noteware, with help from 2010 International Champion Rich-Tone Chorus, directed the crowd in a fantastic version of *Conga/Rhythm Is Gonna Get You.*

Go to http://www.youtube.com/sweetadelineintl to watch it now and forward it, share it, link it and post it.

www.sweetadelineintl.org • 918.622.1444 or 800.992.SING (7464)



Say it boldly. It is time for preparation for promoting Singing Valentines. So the Hunterdon Harmonizers had a photo shoot to get ready. Our theme for the year is "LOVE" so we used those four letters and had huge cutouts made, and posed them with a quartet for our promotional postcards and flyers. We hope to get better results and coverage this year than ever.

–Lee Roth, Hunterdon, N.J.

Art Cole, Jr., Brian Gallacher, Erhan Berber, David Holzwarth

All you need is love, a song and a plan

he season of love is just around the corner, and right on the heels of Santa Claus and the elves comes Cupid, with his quiver full of arrows. Cupid, like Santa, is always willing for a little help, and we barbershoppers are only too happy to join in the fun with Singing Valentines. And we're sure he doesn't mind that it's also a great opportunity for us to increase awareness of

our craft and do some fund-raising too! After all, we share the love all year long, don't we?

Through Singing Valentines, you have the chance to touch hearts in a way that only music can, and it can be as moving for the singers as it is for the recipients! There will be laughter, there will be goose bumps, and there may be tears too—of joy! We're talking Kodak moments that will be cherished for a lifetime!

Plan to make it great!

Melanie Chapman Asst. editor, The Harmonizer, Manager of Marketing & PR mchapman@ barbershop.org Start planning now! Check out *www.barbershop.org/valentines*, and download the Successful Singing Valentines manual from there. We've also included here a checklist of helpful tips. The better your plan, the classier your program, and the classier your program, the greater your PR as a result. It can lead to repeat orders for next year, increased attendance at your shows, and maybe even attract some new members!

I just called to say I love you. We offered free telephone Singing Valentines for deployed National

Jerry Orloff (second from left), the Society's all-time top recruiter with 200 Men of Note, suffered a stroke on Oct. 7. It destroyed his short-term memory, but when given the name of the song and the first word, he can perform error-free. Another of the wonders of music!

THE POWER OF PUBLICITY. The Gold Standard's (Santa Cruz, Calif. Chapter) long-time VP of PR and Marketing got some great support from his long-cultivated contacts with local newspapers and radio stations. We got a photo-article in several papers, a 15-minute radio shot and another great article in the Saturday paper. Within a few hours, we had every available slot filled for Saturday evening and all day Sunday. Pictured here are mixed quartet Lara Pacheco, Jerry Orloff, Bill Raney, and Nancie Barker, delivering a rose to Kim Orloff during rehearsal.

-Kim Orloff, Santa Cruz, Calif.



POPPING THE QUESTION. Performing singing Valentines is always a blast, but sometimes a situation goes way beyond fun to downright ecstatic. The quartet Then & Now was singing for a party at a restaurant when the owner informed them that there was an engagement about to take place there. So we sang "Sweet and Lovely" to them. When the song came to the words "soon we'll marry, you'll be my blushing bride," the prospective groom, Chase English, deftly pulled out a small box from his pants pocket, dropped to one knee and popped the question to Casey Thomas. Somehow the guys kept singing and the couple was making out by the time the tag had begun! What a privilege to be a part of such a wonderful experience. Chase and Casey are pictured with Then & Now, Stan Borum (T), Wilson Renfroe (L), Bob Arbuckle (Bs), and John Cavanaugh (Br).

-Wilson Renfroe, Tyler, Texas

Guard soldiers and got 42 requests, which we assigned to our **North Georgia Gentlemen** and **Sound Decision** quartets. With the exception of a couple, all recipients were thrilled and surprised, and could not understand how their loved one fighting the war so far away could pull this off.

- Jack Martin, Lake Lanier, Georgia

Love is in the air. The Tale Draggers of the Tacoma, Wash. Chapter (EVG) had sung Christmas carols at the Seattle airport last year, and the President of Alaska Airlines thought it was so much fun that he invited us to perform Singing Valentines for the crews in the Seattle and Portland airports, providing air travel between the cities, as well as additional fun opportunities to sing for passengers and crew. Of course it didn't hurt that our bass is a senior captain with Alaska Airlines!

They provided several employees to accompany us with baskets of Hershey's Kisses and cards with our photo on one side and a Happy Valentines Day message from the airlines on the other. We sang over the phone to another captain's wife in Hawaii, and even to another captain's wife's dog, Daisy, which attracted a lot of attention and laughter as Daisy, a pit bull attired in pink, lay down and rolled over on her back as we rang out the last chord. Arf! You know you can't compete with animal acts! *—Jim Blokzyl, Seattle, Wash.* **Honoring our troops with love.** As a kick-off to our Singing Valentines weekend, Worcester's **Men of Song** of presented "A Tribute to Spouses of National Guard Service Members Currently Deployed to Iraq and Afghanistan." The performance was video-recorded, with the camera slowly panning the audience to record every single participant singing "Let Me Call You Sweetheart." We then produced a DVD and provided copies for the National Guard to deliver to every service member overseas whose sweetheart was in the audience. With the help of many sponsors, each guest was given a long-stemmed rose and a "Valentine Teddy Bear," and door prizes were given, including two "Romantic Getaways" to be redeemed when the deployed service member returns. *—Bob Chisholm, Worcester, Mass.*

Double the pleasure. A wife booked a Singing Valentine with a quartet from the **St. Catharine's Chapter (The Long and the Short of It)** at a restaurant at 7:30 sharp, not knowing that her husband had booked the **Niagara Falls Chapter (Forward Motion)** for the same night—at 7:15! All's well that ends well—they were doubly blessed!

-Rob Tripe, St. Catharine's, Ont.

Tips for Singing Valentines Success

- Download a copy of the Singing Valentines Manual (web shortcut: tiny.cc/vz8oh)
- Register your chapter at www.singingvalentines.com
- Contact all previous givers and recipients as well as patrons of your annual shows via flyers, e-mails, and phone calls. Think about the other clubs and groups your members belong to, and have them take flyers to meetings. Ask to get on the schedule at Rotary, Lions and other such clubs at least two weeks in advance, offering a free Valentine as a door prize
- Contact radio and TV stations and book quartets to appear give them plenty of lead time, and offer the station a free Valentine to their listeners—first caller wins!
- Alert the media in advance if one of your recipients is a prominent citizen, or someone with a "back story" that would spark additional interest
- Contact florists, candy suppliers, wineries. Contact popular restaurants—perhaps they could offer the Singing Valentine as an add-on to Valentines packages
- Contact local hotels—they often offer Valentine's packages
- Order supplies needed—flowers, cards, candy, etc.
- Arrange for a special phone line for orders, if needed
- Communication is vital on delivery day. Be sure to have a cell phone number for each quartet, and ensure that each phone is on and charged all day, set to vibrate so that no performance is interrupted
- Determine in advance who will drive and reimbursement plans for travel costs
- Audition quartets—spend time mixing and matching voices for the best blend, and make sure they attain the standard by a pre-determined January date. Those who don't sing in quartets can help with scheduling and communications, etc.
- As the saying goes, "Presentation is everything!" Dress as formally as possible in matching costume; smile for the entire performance and be just as lively for the last one as you were for the first
- Rehearse the "show" from start to finish at your chapter meeting—how to enter, what to say and do, how to leave. Lingering too long is a no-no—leave them wanting more instead of less, especially if it's in the work place
- Be ready to take orders at the drop of a hat—have contact cards ready to hand out at each stop as requested
- Get a Polaroid camera and leave a photo with the recipient as a memento
- Include chapter business cards with each delivery of roses, and bring extras to hand to inquiring onlookers

Sing like an Italian

Caruso and Pavarotti's big advantage? They spoke Italian—a language that, unlike North American English, can serve as the foundation for excellent vocal habits

> You'll sing brighter and with more ease as you apply these essential Bel Canto methods— and your intonation issues may vanish, too!

The great Enrico Caruso, circa 1908

If you think Swedish singers are making waves, wait until Italy discovers barbershop harmony. Most North American singers must unlearn a lot of poor vocal habits before we can sing well. Italians, simply because they speak Italian, can have an edge in the habits that contribute to excellent vocal technique. Fortunately, we English speakers can learn to sing like Italians, and without adopting a Mediterranean accent!

I believe many of our vocal challenges are directly related to the pitfalls of our spoken language. It can be especially difficult for native English speakers to naturally create a well-placed, open, clear tone that stays in tune. Our infamous diphthongs (double-sounded vowels), combined with our propensity to inflect down at the end of our sentences, can inadvertently create vocal problems. Add in dialect regionalisms, inconsistent support and jaw and/or tongue tension, and you have a recipe for throat constriction and ineffective singing. These pitfalls tend to manifest as poor pitch and dull sound, along with fatigue, breath control weakness and loosening of the vibrato at ends of phrases.

Beautiful singing, no accent required

The good news is that the superior results of pure Italian diction can be applied in any language. Every minute you invest to overcome your unconscious languagerelated issues will pay huge dividends—many vocal issues you were never able to fix before may simply vanish!

Native Italian speakers are noted for using forward, pure vowels (no diphthongs), combined with wonderful, rounded resonance attained by a sustained optimal muscular position. Together these form the essence of the *Bel Canto* school of singing.

Bel Canto (Italian for "beautiful singing") methods were formalized between 1800 to 1840 to handle the rigors of early 19th Century opera. While new compositions have pushed some opera styles toward wider vibrato and more dramatic vocal color, the ageless Bel Canto methods are still widely taught throughout the world as *the* classical vocal foundation. These methods are also perfect for barbershoppers due to their unsurpassed ability to generate:

- impeccably smooth and energetically connected singing
- vocal agility
- well-focused timbre
- clean attacks
- graceful phrasing
- full mastery of breath control
- avoidance of loose vibrato
- seamless transitions between the chest, middle, head and falsetto voices

When incorporated into barbershop harmony, Bel Canto methods greatly improve a singer's vocal tone and agility, while generating clear, accent-free diction in both ballads and patter songs. It can take patience and focus to integrate all the techniques, so this article focuses on principles that can produce immediate results.

Breathe with perfect ease

You will not sing your best until you learn to breathe in a manner that removes pressure from your throat, *preventing it from taking responsibility to make the sound*. Getting air "into the tank" is not enough. Your rib cage must work in concert with your abdominal muscles so that your entire torso works as a breath-support mechanism.

Engage the ribs. Stand in front of a mirror in good posture while clasping both hands in front of the sternum. While you inhale, pull the hands in opposition, as shown in the photo on page 1 of this issue. This maneuver, an old iconic image for pretentious-looking opera divas, is actually an exercise to strengthen and energize the ribs in an open, expanded position. You should feel this engagement in the lower rib muscles of the back. (Some find it helpful to create a mental picture of only the bottom of the ribs expanding to take in the breath, with the air coming in through two small, imaginary holes in your back, just below the rib cage.)

Focusing the inhalation via the lower ribs eliminates tension in the upper chest and neck, while engaging muscles that have always been involuntarily directed by the lungs. Strengthening these back muscles takes some focused practice, but as you learn to stabilize the ribs in the expanded position while singing a difficult phrase, you will begin to notice that *the pressure is taken off your throat to sustain sound and straight tone*.

The author demonstrates the musculature for the "inner smile," which expands the singer's "acoustical amphitheater." Italian vowels dramatically improve tuning and vocal brilliance You can actually be singing on the correct tone but, no thanks to the varied English vowel placement and speech patterns among quartet or chorus members, still *sound* out of tune to the audience. Vowel blending issues affect more than the audience's perception of pitch—English vowels help individuals (and then the group) *literally* lose pitch. Just thinking about the end of many English words can cause a singer's mind to start deteriorating the tone. This problem can potentially repeat itself on every new note or syllable.

You'll change this only when you change your vowel habits, when you stop inflecting down or drop at the end of sentences, and change the way you produce diphthongs. Pure Italian vowels offer a pathway to better overall intonation and complete vocal ease, for groups and individual singers.

Italians naturally produce forward, ringing vowel sounds while North Americans do not. Prove it to yourself. Say "A," "E," "I," "O," "U" very slowly while over-enunciating and breathing between each vowel. Notice these English vowels actually consist of two sounds, and that you drop pitch on the second half of each vowel, whether or not that vowel is officially a diphthong. Now, maintain your inner smile, *with teeth showing*, while quickly articulating the same vowel sounds. Immediately you will notice a brighter quality to the sound. This is essentially how an Italian feels while saying each of his vowels, as he naturally resonates each in the front of his face.

There are five pure vowels in Italian: "A, E, I, O, U" are respectively pronounced "Ah" "Eh" "Ee" "Oh" "Oo." When sustained, Italian vowels feel "unfinished" to the English speaker's ear, as if the vowel has been cut off after the first half. Italian vowels are "pure" because there is no second part to the vowel sound and therefore no diphthong. The sound you make at the start of the vowel is the only sound you make, so the attack and release of each vowel is naturally precise.

When Italians sing mixed vowels within a single word, you'll generally hear each vowel separately and independently. An "Ah" yields to the "Ee" without blending the two, similar to how barbershoppers try for an open sound until the turn of the diphthong. With a little practice, singers can blend these five Italian vowel sounds to form any English vowel sound in a way that sounds completely natural to the North American ear.

That said, don't worry about how to make Italian vowels sound good in English until you've had time to internalize the dramatic difference you can hear and feel when you stick exclusively to these five pure vowels. You'll find that words are automatically and instantly tuned, the sound is brighter and more natural, and chords ring far better. If your "forward lift" muscles are maintained (discussed in part 2), it is almost impossible to recreate your problem sounds (also discussed in part 2); all your vowels will come forward almost automatically.

Only after these Italian vowels are an engrained habit should you refine your ability to blend them into natural-sounding English. It won't be difficult, and you'll never want to return to your North American vowels!

As you learn to use your rib cage in the breath-support mechanism, you'll find you can make a very big sound while very little air passes over your vocal chords. A trained Bel Canto singer requires such a small stream of

air that, were he to sing with a candle an inch or two from his mouth, the flame would barely flicker. The key is to maintain a constant, natural air pressure.

Find your inner smile

The internal musculature of your mouth is your acoustical "amphitheater." Open it up properly and you'll greatly improve your tone, diction, and ability to maintain pitch—even on descending musical lines.

When you yawn, you can feel your cheeks and the soft



How an operatic soprano became a barbershop vocal coach

A "barbershop brat" as a child, Debra Lynn's earliest musical heroes included **Suntones** legends Harlan Wilson and Gene Cokeroft, who directed her father, George Mount, in the **Coastmen** in the early 1960s. Following a long



career as a prominent professional singer and vocal coach in Hawaii, Debra found her way back to the mainland and the barbershop world only last year.

"In early 2009, Sweet Adeline Lindi Bortney (current director of **Maiden Vermont**) had read a Bel Canto article just before she went on vacation in Maui, where I was living at the time," Debra recalls. "She accompanied one of her leads to a private voice lesson in my studio. As she listened and watched the rapid transformation of this gal's voice with Bel Canto principles, Lindi looked at me and said, 'I wish you could work with my chorus of women in Vermont.'

"That one conversation started a collaborative relationship that began a year ago, dovetailing two seemingly unrelated musical realms in a serendipitous and potentially unprecedented way," she continued. "My move to Connecticut led to my vocal production work with **Silk City Chorus**—a group my dad also sang with in the 1970s—and with SAI's



Millennium Magic and several competing BHS and SAI quartets, including Men in Black."

Debra Lynn has a bachelor's degree in voice performance and received four years of post-graduate training in Bel Canto methods in San Francisco, Austria and Germany. Since 1993, she has maintained a private vocal studio, sung as principle soprano with the Maui Symphony and Pops Orchestras, and worked as a professional singer in the Hawaiian convention industry. She was founder of Maui Civic Light Opera and her original CD "Heaven in Your Heart" was a Na

Hoku Hanohano Award finalist for Inspirational Album of the Year in 2009. Once Maui's best known voice coach, she developed the ability to distill the essential Bel Canto methods to their essence, helping singers of all abilities enjoy rapid and dramatic improvement.

debralynnmusic.com YouTube channel: debralynnvocalcoach debralynn.vocalcoaching@gmail.com palate at the back of your throat rise up. Now raise your cheeks and soft palate without yawning while keeping your lower jaw in its relaxed natural position, the teeth slightly apart and your tongue gently touching the back of your bottom-front teeth. (The lower jaw, neck and tongue remain relaxed.) This energized upper jaw and palate orientation, combined with the engaged ribs noted above, is your new default singing position.

To quickly pull this muscular understanding together, use what I call a "breath prep," which helps engage the frontal lift, inner smile and energized rib cage in one thoughtful movement. Each time you breathe through your mouth, think "ah" as you fully stretch the muscles back in your throat and lift the soft palate into high position. This creates what I call the internal ear-to-ear "Cheshire Cat grin."

Inhale each time with this smile, which is easier to maintain than the yawn, in the back of your mouth throughout each phrase. If you do this properly, you'll naturally direct resonant vowels right under your nose. You'll then direct the vowels forward, rather than farther back in your throat (where intonation becomes problem-

atic) while using lips and tip of the tongue for quicker articulation.

"Smile" instead of "tanking up." Barbershop songs feature many long phrases and quick breaths. "Tanking up," or quickly sucking in air between phrases, can

constrict the neck and back of the throat, reducing vocal quality. Once you get used to Bel Canto breath support and inner smile methods, consciously work on *not* thinking about how you inhale. If you normally



Less than a month after the author started coaching Connecticut's Silk City Chorus together and in individual break-out sessions, members reported a dramatic increase in group singing cohesion and a sharp decrease in individual vocal issues.

breathe either by opening your throat, lifting your chest or by extending your abdomen, stop those habits. Instead, simply lift the "inner smile" muscles into place on each inhalation and allow the breath to effortlessly fill your lungs quickly and quietly. You'll discover that without any conscious effort to inhale, your lungs still have more than enough air—and with time, some of your vocal fatigue issues may vanish as well!

Inhale your coming vowel. When attacking a phrase that begins with a vowel sound, some vocal coaches encourage adding a near-silent "H" ahead of the vowel so that you don't begin the phrase with a glottal attack at the back of the throat. Avoiding glottal attacks is a worthy goal, but that extra air for the "H" can destabilize the sound for a few notes. In Bel Canto, you instead simply *think* of the coming

Part 2 will discuss:

- How "forward lift" generates greater ringing and vocal freedom in every phrase
- How to fix the most problematic English vowels and consonants, virtually eliminating all of your group's prior intonation challenaes
- Why the singing advantages of youth enjoyed by Westminster Chorus are overstated—and why older men actually have the upper hand in certain areas

pure vowel while you inhale, which naturally readies your vocal musculature in the proper position. Then the vowel is attacked with a gentle, crisp action that may be felt slightly at the top upper back portion of the

throat, where the pharynx is located. If your group consciously breathes together like they sing together, group articulation becomes much cleaner and more accurate.

Continued next issue.

Welcome new members! Thank you recruiters!

New members who joined between July 1 and Dec. 1, 2010. Each recruiter's name follows in italics.

Cardinal

Brad Branam Scott Beard Trevor Brown Aaron Keeling Kevin Crouch David Zimmerman Jessie David James Beining Thomas E. Davis Gordon Hoheimer Peter Delevett George Korinek Jon Haley George Coker Aaron Hutchinson Jeremey Johnson Aaron Keeling James Farrell, II Steve Lanier Chris Bateson Brandon Metts John Stegner Zahir Omar-Cobb Kyle Goode John Pfaff Jeremey Johnson Matthew Simmons James Gilchrist Steve Sudduth Steve Brodersen Paul Vondrasek Abeline Brown Jacob Wagner Bart Lovins Jared Wells Richard Hughes Peyton Wood Christopher Wood

Central States

Twink Adler Bryce Schafer Jim Adler Bryce Schafer Ryan Ask Thomas Harrington Jerry Brehmer Torrev Mitchell Kirk Brown William Brown D.J. Cameron Robert Sabata Van Carrier Charles Carrier Alex Clement Charles Carrier Larry Decker Fran Wilson Dale French Paul Ogle Roger Gramly Jerry Job Dan Harre Raymond Harre

Chance Irvine Ron Flock Dave Jobe John Erwine Spencer Jones Bruce Bergsten Cody Jorgensen Kenny Kant Larry Kjeldseth Eldon Saugstad Tony Knollhoff James Raspberry Don Medlen Clinton Kegel Michael Meier Gerald Meier Jaylen Morren Ric Morren Nick Oswald Dan Warschauer Nathan Spilker Scott Spilker Robert {Bob} Stinson Michael Dunn S. Rapheal Tate Clarke Peterson Alex Thompson Curtis Hallberg Scott Towers Charles Carrier Tyler VanDyke Charles Carrier Mark Wolff Andrew Barber Jordan Zimmerman Jon Peterson

Dixie

Graham Bannister Tony Bowman Harris Beauchamp Andrew Beauchamp Frank Biscardi Don Jackson David Collao Walter Edmondson David Crenshaw Stanley Wooley Jeffrey Crews Doug Fields Cameron Druyor, Walter Edmondson Noah Dutton John Dutton Logan Green Andrew Beauchamp Gary Groot Richard Murphy Colin Harrison Jeremy Conover Patrick Lampert

Stanley Wooley

Jerry Shortt Eyal Lantzman H. Harland Ragle Jerry Shortt Bill Liles Chester Burdick Dick Rockwell Riley Shull Darren Malcolm Chad Guyton James Snodgrass Beau Sims Barry Myers, Sr. Clvde Rogers Joseph Poore Dan Sullivan Bill Neils Jerry Frank

Jerry Taylor Duane Hunter Logan Varnell Chad Guyton Andrew Whitlow Jeremy Conover

> **Evergreen** Jim Anderson

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STAY TUNED

Success! Readers report what works

United We Sing program going strong in Texas

fter the September 11, 2001 attacks, the **Heart of Texas Chorus** (HOT) vowed, like many other Society chapters at the time, to honor the nation's military and first responders with a patriotic concert based on the Society's "United We Sing." HOT is one

of the few Society chapters that has continued doing so every year, and many in the community say that the 2010 event was the best yet.

The Heart of Texas was joined in a two-hour concert this year by many groups, including The Marcsmen chorus, the Sweet Adelines **Austin Harmony** chorus, choral groups from Texas State University, Sterling and Varsity quartets,

the Hill Country Youth Chorus, a 100-member community chorus and several other local groups and soloists, all performing patriotic, uplifting numbers. VIPs from government, media, education and business were in attendance.

This year's concert was especially meaningful as it paid tribute one of San Marcos' own, Army Captain Paul Pena, who was killed in combat in Afghanistan. Captain Pena's mother, Mrs. Cecelia Pena,



This spring, the Blue And Gray Chorus of Inwood, W.V. presented \$1,000 each to the band, drama and choral departments at Musselman High School. In the eight years since chartering, they have given more than \$24,000 via their "Music In The Schools" service project.

The United We Sing concert gets bigger and better every year, and has become a local tradition drawing many outside groups.

For helping bring the community together in harmony, San Marcos, Texas mayor Susan Narvaiz bestowed the key to the city upon Sam Tweedy and the Heart of Texas Chorus. She also declared Sept. 12, 2010 as Heart of Texas Chorus Day.

was introduced to the audience as an honored guest, and the chorus presented her with a bouquet of flowers; she received a standing ovation.

The chorus has partnered each year with the Texas State University Friends of Fine Arts and Communication in what has become a labor of love for long-time barbershopper and HOT founding member Sam Tweedy. Tweedy has lined up varied musical groups and individuals each year to augment the HOT. While it takes a great deal of effort to organize this concert with the many diverse groups and individuals involved, HOT is commit-

ted to continue the tradition.

"We have a number of veterans, including me, and retired military members in HOT who will never forget the events of 9/11," says Tweedy, "When everything comes together and we get such a positive response from the active military, veterans and first responders in the audience, it makes it all worthwhile and brings us back for another year. It's what we do."

Download a copy of the United We Sing script written by Ev Nau (including a Canadian version co-written by Elie Sovoie) at *http://tinyurl.com/unitedWS*.



TAY TUNED



Shocked nurses dropped everything and scrambled to capture this moment ...

Hanky time: Quartet is catalyst for miracle in Alzheimer's unit

Beach Music quartet from the Wilmington, N.C. *Chapter* got a mention in the last edition of The Harmonizer, and they'll get one next month, too, if they keep submitting stories like this. The following is adapted from a note by Dr. Andre R. Brillau, the quartet's lead.

Other than entertaining an audience for a short period, do quartets have a lasting effect on anyone? The answer is definitely yes. Beach Music (Richard Millard, Lou Leiner, Thomas Head and me) was at one of our regular gigs at a health care center that had a rather large Alzheimer's unit. We are always asked to sing in the unit's day room, which we always do willingly but with trepidation, as there has always been little reaction from the 50 or so patients in various stages of the disease.

This last time, the last of four songs was "Let the Rest of the World Go By." As we got into the verse, we noticed a male patient across the room who until that moment had been sitting in the "usual" Alzheimer's position: head down on his chest and appearing lethargic. His head lifted up, slowly, and a smile broke out.

He very slowly stood with much wobbly effort and started to walk across the day room, with that smile plastered on his face. He approached us with that smile and began directing us as we neared the end of the song. As we finished he moved to the end of the quartet, put his arm around Richard's shoulder and smiled, smiled, smiled!

All this time the unit nurses had stopped what they were doing and had run for cameras, taking pictures as fast as they could. After all the commotion settled, the head nurse called us over to explain that this patient was in the advanced stages of Alzheimer's and had sat in the same chair, in the same position we had seen earlier, for almost three years. Neither nursing staff nor relatives had ever gotten any reaction from this patient. That song was the first time he had either walked on his own volition or responded to anything. (It was also the first time Beach Music ever cried together!)

We, the performers, are always confident that we are in control of how we entertain the audience. This experience indicates that the effect that we have on audiences is, at times, greater than we know. Keep singing!



CHAPTER ETERNAL

Society members reported as deceased between Oct. 1 and Dec. 1, 2010. E-mail updates to membership@barbershop.org. Charles Everett

Cardinal Lloyd Case Muncie, IN Eugene King Lafavette IN Lonial Wire Columbus-Greenwood, IN

Central States

H B Gentry Ottumwa, IA Patrick Haven St Charles, MO Lou Koeneman Florissant Valley, MO Kenneth McInnis St Louis Suburban, St Louis No 1

Dixie Colin Belcher Savannah, GA Julian Campbell Ted Jain Frank Thorne Frank Thorne Doug Hays Greater Knoxville, TN Bellevue, WA J Herman Hines Jackson, MS Glenn Hunter Nashville, TN Albert Smith Randy Miller Augusta, GA Clyde Rushing Central Alabama Giles Solomon **Bill Bates** Macon, GA James Truluck Frank Thorne William York Cleveland, TN Fred Bolte **Evergreen** Sedona, AZ Victor Bolon Jerry Brown Juan De Fuca, WA Fullerton, CA M Edward Hartley

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Elgin, IL Arnie Olson Elgin, IL Jim Rateike Falls, IL Rockford, IL Ron White Decatur; IL

Paul Gehrt Bloomington, IL James McCormick Darryl Nordentoft Lake County, IL Darryl Nordentoft Chicagoland West Suburban, IL Ronald Onken Bloomington, IL Arlington Heights, IL Donald Sheets Sterling Rock Richard Stone

Johnny Appleseed Fred Babinsack Alle Kiski, PA Flovd Beck Canton, OH Kenneth Benner Lima Beane, OH Angelo Bianchi Cincinnati, OH Jarvis Cotton Pittshurgh Metro PA John Esposito Greater Pittsburgh, PA Joseph Gartner Pittsburgh North Hills, PA George Gruss Northcoast, OH James Hearn Warren, OH Charles Jams

Marion, OH

Robin Locke Clarksburg Fairmont, WV Daniel Mazlik Pittsburgh North Hills, PA Charles McFadden Western Reserve Theodore McKinley Cleveland West Suburban, OH Roger Neuman Fostoria, OH Pitch Pitchford Western Hills (Cincinnati), OH John Power Greater Pittsburgh, PA Fran Seibert Defiance, OH Carl Soisson Beaver Valley, PA Dick Swackhamer

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Donald Carson Westchester Hagerstown, MD County, NY Ralph Clark Tom McCormick Rockland County, NY Nassau-Mid Is-Joseph Daley land, NY Montclair; NJ Mac McDonald Ned De Camp Pottstown, PA Lancaster Red Benjamin Musser Rose, PA Harrisburg, PA Vincent Duffy Herbert Oshrain Fredericksburg, VA Nassau-Mid Is-Michael Fear land, NY Baltimore, MD George Pavlicin Louis Fraass Nassau-Mid Is-Dundalk, MD land, NY Joe Galella Bartelo Peluso Montclair, NJ Nassau-Mid Is-Samuel Glicksman land. NY Nassau-Mid Is-John Pettit land, NY Roanoke Valley, VA Jim Hummel Louis Reda District of Columbia Harrisburg, PA Bobby Jones Charles Sherts Charlottesville, VA Lancaster Red Rose, PA William Jones Anthony Spatarella Montgomery County, MD Red Bank Area, NJ Walter Latzko Ocean County, NJ Alexandria, VA Morris County, NJ George Lloyd Everett Thompson Charles Town, WV Western Suffolk, NY Bill Wendel Keith Martin

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Westchester Chordsmen spread the art at Beijing choral festival

In August, 18 members of The Westchester Chordsmen (N.Y.) travelled to Beijing, China along with a few Sweet Adelines and others to showcase the barbershop style in the Fourth International Chinese Choral Festival, where they also appeared in 1995. The United Stars of America combined the Chordsmen with a Flushing, N.Y. ensemble and was co-directed respectively by Al Fennell and Maestro Yao Xue Yan ("Uncle Yao").

They placed in the "Third Tier, Bronze Medal," about midway among the 40-odd mostly Chinese competing choruses. The Chinese widely applauded their understandable Chinese and unique sound as one of the only a cappella groups. The group also had a prestigious gig at the opening ceremony in the "Big Egg," Beijing's world-famous National Center for Performing Arts (see *http://tiny.cc/ttpcw*). They also performed at the closing reception to standing ovations.

Of course, the chorus sang Barberpole Cats and chapter repertoire throughout their trip! They broke up the 13-hour boring flight by singing for enthusiastic passengers, sang in hotel lobbies, on the Great Wall, in Tiananmen Square, in the Hall



of Supreme Harmony in the Forbidden City, at most restaurants, and on the bus. It was clearly the first time most listeners had heard barbershop, and they loved it!

"Everywhere we went in Beijing and XI'an we found a spontaneous stage for singing," said chapter president

Tom Pease. "We did not disappoint the crowds that gathered to hear us. It was the experience of a lifetime."

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Juicy tag from a classic Joe Liles love song

hen it comes to tags, some were invented to complete an arrangement while others are just stand-alone tidbits for the pleasure of singing. The Society's website has loads of free tags representing both sources. You can download any and all of these tags at www.bar-

THE TAG Joe Liles. Tagmaster!!

> Meant to Fall in Love" around 1986, originally arranged for male voices and then, soon after, for female voices. Many of you may have heard the song in contests, particularly in the women's organizations. There have been a few little variations in the tag, but this one works just fine.

bershop.org/tags to use in your quartet or chorus. Most of these tags are from issues of The Harmonizer magazine present and past and are not intended to be used on other websites. The occasional tag is still copyrightprotected by a publisher, and we pay a fee to the publisher for use in the magazine only. These tags



wife, Kay) during his retirement luncheon this March in Nashville.

do not appear at www.barbershop.org/tags.

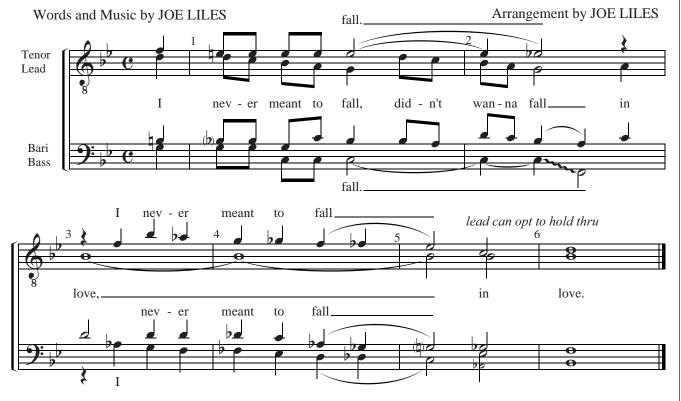
In searching for a tag in this issue, I went rummaging through the files for something tasty and good for the ears. I found this one. It's from one of many love songs inspired by my sweetheart, Kay. I wrote "I Never Sing it in a free, ballad

style, enjoying the inner duet of the lead and bari and then the bass glissando on "fall." The chromatic run of notes requires you to "listen louder" than you sing—a good thing to do at all times, really. The lead has the option of sustaining "love," all the way through the last two measures, or joining in

with the lyrics. Note the optional note for the bass in measure five. If you wish to shorten the tag, just start with the last beat of measure two, the lead/bari duet on "in."

Hope you had the happiest holidays ever!

I NEVER MEANT TO FALL IN LOVE TAG





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